



# International School

Bar-Ilan University

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STUDENT GUIDE

*Be You@BIU!*

Bar-Ilan  
University  
אוניברסיטת בריאילן



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## Section 1

# Messages

*"We give you the tools to achieve your goals, fulfill your destiny, and enrich the world around you. The rest is up to you!"*

**Professor Moshe Lewenstein**

Deputy President: Bar-Ilan University

## Congratulations, You're a Bar-Ilan Student!

Welcome to Bar-Ilan University, a place where diversity is embraced, and debate and discussion are encouraged. We offer you a safe space to air your views, facilitate and drive change, and find your purpose.

Bar-Ilan University is consistently ranked among the top 2% of universities worldwide by ShanghaiRanking's Academic Ranking of World Universities and other international ranking agencies.

Located in Ramat Gan, which is in the metropolitan area of Tel Aviv, the university has been voted Israel's most beautiful university campus, creating a relaxing and enjoyable atmosphere in which to live, study and socialize.

You have chosen to join a community of individuals from all over the world; individuals who are innovative, enthusiastic, supportive, eager to learn, and ready to take on the world – just like you.

This is your first step on the path to success and we are excited to be able to provide you with everything you need to achieve your goals. Your future is our focus and you are our priority. We are here to make sure your experience at Bar-Ilan University is interesting, rewarding, entertaining, and fulfilling.

Good luck with your studies and enjoy your new life with us. *BeYou@BIU* today!



A handwritten signature in blue ink, appearing to read "M. Lewenstein".

**Professor Moshe Lewenstein**

Deputy President, Bar-Ilan University

## Welcome to Bar-Ilan's International School

Bar-Ilan University has welcomed students from all corners of the world since its inception in 1955. Our wealth of experience with new immigrants (*olim*) and international students enables us to support you on your journey to graduation. We are here for you every step of the way.

The Student Services Center will help you navigate the maze of new information and ensure you find what you need, when you need it. Our student counselors are here to share your good experiences and encourage you through the tough times.

In addition, our team regularly organizes social activities and other events for all international students, enabling you to have a vibrant social life on campus.

But that's not all. BIU supports the exchange of students to and from BIU with leading universities throughout the world. If you're here on an exchange program, we know you'll love it... and if you wish to take part in our outgoing exchange program, we will be happy to help you.

We also offer excellent postgraduate research opportunities in a variety of disciplines with some of the top professors in the world, so if that's your goal, we can help you achieve it.

We hope your time at Bar-Ilan is everything you imagined and more. It's a great time to *BeYou@BIU!*



A handwritten signature in blue ink, appearing to read "Ofer Dahan".

**Ofer Dahan**

Executive Director, Bar-Ilan University's International School

## Your Academic Success is Our Goal

We are happy to welcome you as a Bar-Ilan University student. You have joined a university that is well-known throughout the world for its academic excellence, innovative research, and groundbreaking discoveries.



Our professors are recognized internationally for their research and achievements, and are also great educators and mentors. They facilitate learning in interesting, top quality, multidisciplinary degrees (BA, MA, International MBA, MSc, PhD, Postdoc), study-abroad and exchange programs, and short-term programs – many of which are taught entirely in English.

Our students are encouraged to develop their own ideas and be creative in their research while learning in a supportive and encouraging environment. We are here to ensure you have an incredible learning experience that will ensure your success whether you choose to continue your studies after graduating or venture out into the world of business, science, communications, politics, nanotechnology, or any other chosen field.

We will support you throughout your academic journey. Our doors are always open.

We wish you every success in your academic studies and career development.

This is your opportunity to *BeYou@BIU* today!

**Professor Rachel Dekel**

Academic Director, Bar-Ilan University's International School

## Section 2 Before You Arrive

*"Education is the most powerful weapon,  
which you can use to change the world."*

**Nelson Mandela**

First Democratic President of South Africa


## You're Officially a Bar-Ilan Student

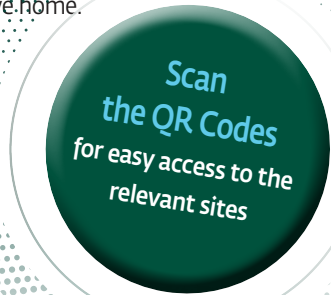
Now that you've been accepted as a Bar-Ilan University (BIU) student, you'll need to know a few things about studying in Israel and at Bar-Ilan – before you leave home.

### Visa Information

All students need to apply for a study visa prior to arriving in Israel – unless you have already made *Aliyah* (immigrated to Israel). Before approaching the local Israeli consulate, you must obtain a letter from Bar-Ilan indicating your acceptance to the university, your field of study, and the exact dates your studies begin. This letter can be provided by the specific department or, in some cases, by the International School.


Visa information is provided to us by the Israeli Ministry of Interior and may change. We recommend that you review the information about tourist and student visas on the ministry website.

 You can find out all the relevant visa information via the "Students" section on our website



### Essential Information


Everything a student should know before, during, and – to some extent – after their studies, is included in this guide.

 You will also find more information on our website in our "Students" section and under "Essential Information".




## Health Insurance

Having health insurance while you're in Israel is essential. Health care can be very expensive and if you're not insured, you could run into serious trouble financially. You will need to prove you are covered when you arrive. Please note: Your insurance should include coverage of COVID-19 and any vaccinations.

 While you are under no obligation to use any specific company, we offer a good option on our website in the "Students" section under "Health Insurance".




 NOTE: Please check the Ministry of Health's website for information on the latest COVID-19 regulations.



## Accommodation

Bar-Ilan University has beautifully-renovated dormitories for students. However, they are highly in demand so you will need to apply as early as possible. If you are unable to secure accommodation on campus, there are many apartments near campus. We can provide you with sources to assist you in locating a residence off-campus.

 Find more information on our website in the "Students" section under "Dormitories for International Students".



## Azrieli Faculty of Medicine

If you are a student at the Azrieli Faculty of Medicine, Safed Campus, please see pages 49-52 for more specific information.

## Israel's Time Zones (Summer and Winter)

GMT +3 during summer

GMT +2 during winter

**Note:** Israel's clocks change at 02:00 on the last Friday of March (summer) and the last Sunday in October (winter).

## Calling Israel from Abroad

The international dialing code for calling Israel is +972. When dialing from your country, you first add the number to dial out of your country, then Israel's dialing code, and then the number without the "0" that precedes it. For example, the International School's number is 03 738 4245 if you're dialing locally, but +972 3 738 4245 if you're dialing from outside the country (or using your international number in Israel).



## Section 3

# When You Land in Israel

*"I never teach my pupils. I only attempt to provide the conditions in which they can learn."*

**Albert Einstein**

Theoretical physicist best known for developing the theory of relativity

## Welcome to Israel: An Introduction

Bar-Ilan University is situated in Ramat Gan, a city in the Tel Aviv District of Israel. It is located east of the municipality of Tel Aviv and is part of the greater Tel Aviv metropolitan area (Gush Dan).

Ramat Gan is home to one of the world's major diamond exchanges and many high-tech industries, but it also has many attractions for residents and visitors. These include the Ramat Gan National Park, the Maccabi Sports Museum, and the Museum of Israeli Art, among others. There are theaters and cinemas, many shopping malls, plenty of pubs and restaurants with cuisine from all corners of the world, and more.

Bar-Ilan University is a short ride to all the most popular spots, beaches, museums, and historic sites in Tel Aviv Jaffa, and an hour from the historic city of Jerusalem. People in Israel love the outdoors and you'll see runners, cyclists, people walking dogs, and others just enjoying the beautiful weather.

As Israel is a small country, it is easy to travel north or south and enjoy a wonderful weekend away, whether you'd like to experience a night in a Bedouin tent in the Negev, hike the Israel Trail, walk through the great crater, take a canoe out on the Kinneret, visit Haifa or the Golan Heights, or do a tour of the wine farms in the area.

Israel has a good public transport system that will take you almost anywhere you wish to go throughout the country. You'll find buses within easy walking distance from campus, which will get you to the main bus and train stations in Tel Aviv. You will also be able to rent bicycles or scooters to get around the city.

But before you experience Israel and the university, here are a few important things to know when you arrive.



## Israel's Currency

Israel's currency is made up of shekels (*shkalim*) and agorot. One shekel equals 100 agorot. There are 20, 50, 100, and 200 shekel bills; 1, 5, and 10 shekel coins; and 10 or 50 agorot coins. The symbol for shekels is ₪. (NIS = New Israeli Shekel; ILS = Israeli Shekel)

## Currency Exchange at the Airport

It's usually more cost-effective to opt for an ATM/Cash Machine (*Caspmat* in Hebrew) than an airport exchange kiosk to exchange currency and there are several ATMs inside Terminal 3. However, if you prefer to use a bank to exchange currency, you'll find a Bank Hapoalim counter at the arrival hall where you pick up your baggage between conveyor belts 6 and 7.

Tel +972 3 972 2763 or +972 3 972 2764  
Hours Open 24/7

## SIM Card Options at the Airport

Bar-Ilan University's International School, in cooperation with **019 Mobile**, offers international students a special SIM card deal in order to make your stay in Israel as pleasant and productive as possible.

Once you have signed up for one of the options offered, you will receive a confirmation email. You must keep this letter and present it to the **019 Mobile** vendor at Ben-Gurion Airport in order to collect your SIM card after landing.

NOTE: The SIM card provider may change. Please check our website before leaving your home country.



Find out more about the various options on our website in the "Students" section under "SIM Card Information".





## How to get to BIU from Ben Gurion Airport


There are many ways to get to Bar-Ilan University from the airport. You can take a taxi, bus, or a combination of train and bus. BIU doesn't have a train station nearby yet so you will need to take the train to Tel Aviv Hashalom train station and catch a bus from there. Bus numbers 68, 69, 45, 61, 161 will take you to Bar-Ilan. You can find more information on the trains at [rail.co.il/en](http://rail.co.il/en) or on the buses at [bus.co.il](http://bus.co.il).

The best way to determine your route if you plan to use public transport is to download the "Moovit" app. It provides fairly accurate details of routes, times, bus numbers, and where to find them. This app is a great help if you want to find your way around Israel easily.

If you'd like to use a taxi, you will find a taxi stand outside the arrivals section on your left. **According to regulations, only taxis at this stand have been approved to take passengers from the airport.** There is a taxi coordinator who will give you a printed approval ticket for the driver.

NOTE: Charges are billed by meter only. **Taxis charge per person and per bag.** You will be able to see the prices at the taxi stand.

There is also a transportation information desk at the airport, if you need help.

 The [Israel Airports Authority](http://www.israelairports.gov.il) website provides additional information under Airports > Ben Gurion.



You will be handed a blue slip of paper (in place of the entry stamp on your passport) by Immigration officials. It is advised to keep this blue slip until you leave Israel, as it contains information regarding your date of entry and more.

## Transport Apps and Rav-Kav Transport Card

Paying for public transport in Israel is entirely electronic. You can no longer pay for buses or trains with cash, unless you're using the *Monit Sherut* (shared mini-bus taxis).

There are now two payment options from which to choose – with a personal Rav-Kav card or with a smartphone app. Payment with the Rav-Kav card needs to be made in advance (before you travel) and the cash is stored on the card. Payment using the apps is made at the end of the month (in other words, you pay only for what you use). Buses and trains now have QR codes linked to the apps that you scan for payment.

These options cover transport on buses and trains throughout Israel.



Find out everything you need to know about [Israel's new transport system](#), how much travel costs, and payment options



## Payment Through the Rav-Kav Card

The Rav-Kav card is a smart card used to make electronic payments. You can get one at the airport on your arrival. The office is situated in the reception hall next to exit gate 2.

### Opening hours

Sunday to Thursday	07:00-23:00
Friday and Holiday Eve	07:00-15:00
Closed	12:00-12:30
	19:00-19:30
	Shabbat and Holidays

NOTE: Shabbat and Jewish holidays start at sunset and finish after sunset on the following day. Therefore, opening hours before Shabbat and holidays refer to the morning before they start. There are no trains (or buses to Bar-Ilan) from the airport over Shabbat. See page 57 for information on the Weekend Transportation service.

You can also buy the travel card at any central bus station, or you can order it online. These are personal cards and **you will be eligible for student benefits.**

To buy the card at a central bus station, you will need to show your passport. To change the status of your card to student, you will need your passport and certificate of studies. This can be done on campus at the Information and Student Service Center (Building 502, Room 19).

You can also charge the card at this center or use the Rav-Kav Online app, which you can download to your phone. This app allows you to scan your card so that you can load cash onto it, view your history, check your balance, apply for a student discount, and more.



Find out more about  
Rav-Kav Online.



### Payment Through the Apps

There are various apps from which to choose – Moovit, Pango, Cello, and Rav-Pass by HopOn. Moovit includes the train and bus schedules and shows you how to get from one place to another. It also provides an option for ride sharing for a small fee. Download the relevant app/s to take advantage of these paperless payment options. They are all available in the Apple App Store and on Google Play.

See page 43 for a list of all the apps you'll need and the QR codes for easy access.

## Section 4

# When You Arrive On Campus

*"All truths are easy to understand  
once they are discovered; the point  
is to discover them."*

**Galileo Galilei**

Astronomer, Physicist, and Engineer

## Accessing the University

Whenever you enter, you will be required to present your identity document (ID card or passport) to the security guard at the gate. You may be asked to show your acceptance letter the first time, so make sure you have it with you.

Taxis are allowed to enter campus.

## Parking On and Around Campus

There are four parking lots located around the university:

- Yehudit parking lot near Wohl Center.
- Music parking lot on Jabotinsky Street, Givat Shmuel, behind the Music building (1005).
- Sport parking lot on Max and Anna Webb Street, near Gate 10, across from the Wohl Center.
- The Wohl Center parking lot.

Guests pay NIS 20 for the entire day. BIU Student Association members (who pay welfare fees) pay NIS 10 for the entire day.

If you park in the street, there are parking apps like Pango and Cello that let you time your stay and pay for parking digitally.

If you are traveling by car with a GPS system, the street adjoining the university is Max and Anna Webb Street (Ramat Gan) and the nearby neighborhood is called Ramat Ilan (Giv'at Shmuel).

Once you are on campus, you'll be able to use Bar-Ilan's shuttle bus to get around.



## Campus Access Gates

- Gate 1** Main Gate for vehicles (employees only). Max and Anna Webb Street opposite Ramat Ilan Shopping Center. Open 24 hours.
- Gate 2** Pedestrians only. Max and Anna Webb Street opposite Ramat Ilan Shopping Center. Open weekdays from 6:30 to 22:00 and Fridays and holidays from 6:30 to 14:00.
- Gate 5** Pedestrians only. Max and Anna Webb Street opposite the Wohl Center. Open weekdays from 6:30 to 22:00 and Fridays and holidays from 6:30 to 14:00.
- Gate 10** Vehicles (pre-arranged) and pedestrians. Max and Anna Webb Street near Dahan Park and the dormitory complex. Open weekdays from 6:00 to 18:00 and Fridays and holidays from 6:00 to 14:00.
- Gate 15** Pedestrians only. Jabotinsky Street near the dormitory complex. Open weekdays from 7:30 to 0:00 and from 7:30 on Friday until 0:00 on Saturday night.
- Gate 20** Pedestrians. Jabotinsky Street between the Music Building (1005) and the Engineering Building (1100). Open weekdays, Sundays, and holidays from 6:30 to 14:00.
- Gate 25** Pedestrians only. Herzog Street in front of the "Cube" association building (510) and Emunah daycare (802). Open weekdays from 6:30 to 18:00 and Fridays and holidays from 6:30 to 13:00.
- Gate 30** Pedestrians only. Serves those coming by bus through Geha (Road 4) Highway or from Ramat Amidar (in Ramat Gan). Open weekdays from 6:30 to 00:00 and Fridays and eve of holidays from 6:30 to 00:00.
- Gate 40** Pedestrians only. Maccabib Road 471. Open weekdays from 6:30 to 18:00 and Fridays and eve of holidays from 6:30 to 12:00.

**The closest entrances to the International School are through gate 1 (vehicles, must be pre-arranged) and gate 2 (pedestrians). After working hours, you can access gate 1 on foot. All gates are closed to vehicles on Shabbat.**

## Contact Information

### Bar-Ilan University International School

#### General Information

Building 403, Floor -1  
Tel: +972 3 738 4245  
Email: [intl.info@biu.ac.il](mailto:intl.info@biu.ac.il)

#### Undergraduate Degrees Admissions and Registration

Tel: +972 3 738 4210  
Email: [intl.reg@biu.ac.il](mailto:intl.reg@biu.ac.il)

#### International Student Advisor (Undergraduate and Postdoctorate)

Tel: +972 3 738 4247  
Email: [intl.students@biu.ac.il](mailto:intl.students@biu.ac.il)

#### Advanced Degrees (Master's and Doctorate)

Tel: +972 3 738 4697  
Email: [ma-phd.intl@biu.ac.il](mailto:ma-phd.intl@biu.ac.il)

#### Student Exchange and Erasmus+ Program

Tel: +972 3 738 4721  
Email: [students.exchange@biu.ac.il](mailto:students.exchange@biu.ac.il)

#### Student Affairs and Well-Being

Tel: +972 3 738 4742  
Email: [students.life@biu.ac.il](mailto:students.life@biu.ac.il)

#### Visas, Health Insurance, US Tax Forms

Tel: +972 3 738 4246  
Email: [visa.intl@biu.ac.il](mailto:visa.intl@biu.ac.il)

#### Accommodation/Dormitories

Email: [dorms.intl@biu.ac.il](mailto:dorms.intl@biu.ac.il)

## Section 5 Student Welfare and Services

*"The function of education is to teach one to think intensively and to think critically. Intelligence plus character – that is the goal of true education."*

**Martin Luther King, Jr.**

Leader of the US Civil Rights Movement and Christian Minister

## Student Life on Campus

Bar-Ilan International School's Student Services Center is here to support you and give you the best university experience possible.

Our aim is to ensure there is a vibrant social community on campus and to do this, we organize engaging social activities and other events for all students.

If you have any ideas or suggestions of events you think we should be arranging for you, whether social, educational, or group projects, please let us know by emailing us at [students.life@biu.ac.il](mailto:students.life@biu.ac.il) or calling our Coordinator of Student Affairs and Well-Being at +972 3 738 4742.



## Academic Advisors

University studies can be overwhelming even for the most seasoned students. That is why we provide academic advisors to walk with you through your university experience.

### Undergraduate and Postdoctorate

Email: [intl.students@biu.ac.il](mailto:intl.students@biu.ac.il)

### Graduate and Doctorate

Email: [ma-phd.intl@biu.ac.il](mailto:ma-phd.intl@biu.ac.il)



Find out more from the "Students" section on our website.



## Student Counseling

If you're feeling lonely, missing home or just want to talk, we are here for you. Don't be afraid to connect with us no matter how small you feel your problem may be. It's always better to talk about it when it occurs than to wait until it's too much for you to handle.

Get in touch with us via email ([students.life@biu.ac.il](mailto:students.life@biu.ac.il)) or phone us directly during office hours at +972 3 738 4742.



If you need someone after hours or prefer to talk to someone off campus, you can call Eran's National Hotline:

1201 (Dial 10 for English).

[Eran's website](#) is available in Hebrew and English.



## Dean of Students Office

The Dean of Students Office promotes student welfare on campus, providing a range of services designed to help all students address personal, financial, social, and academic needs, as well as to strengthen the connection and create a sense of community, harmony and mutual respect between the students, faculty members, and administrative staff.

The Dean of Students Office provides assistance and support in several areas: support for students with disabilities and/or learning disabilities; integration of sectors in the university: ultra-Orthodox, Arabs, Ethiopians, new immigrants, and students from the periphery, and assistance with student dormitories, among others.

Get in touch with the Dean of Students Office for more information about the services offered. .

Location	Building 509
Tel	+972 3 531 8275
Email	<a href="mailto:dean.students@biu.ac.il">dean.students@biu.ac.il</a>

### Department for Olim

The Department for Olim in the Dean of Students Office supports all *olim* (immigrants) and students on tourist visas through services that promote growth and development, communicate values, and advocate for the needs of students. It exists to take care of the personal, academic, professional, social, and financial well-being of potential, new, and returning *olim* students, including those who are studying in Hebrew.

If you need further information about any of the following assistance options, please call the Department for Olim. You can also email us with questions and to get the relevant letters, forms, and other documentation.

Location	Building 509, Rooms 35-36
Tel	+972 77 364 3585
Email	<a href="mailto:olim.wellbeing@biu.ac.il">olim.wellbeing@biu.ac.il</a>

### Office hours

In-person meetings By appointment only

### Open-door Zoom meetings

Sundays, Tuesdays, Thursdays 10:00-12:00



Join the [open-door Zoom meetings with the Dean of Students Office](#). Note: The page is in Hebrew, but English-speakers will be available in the sessions.



You can also join the [open-door Zoom meetings of your faculty or department](#). Note: The page is in Hebrew, but English-speakers will be available in the sessions.



### Extending Exam Time

*Olim* students/tourists, who have been in Israel up to seven years from the date of Aliyah/arrival in Israel, are eligible in all degree programs for a 25% extension on exam time (up to 30 minutes overall per exam) with no penalty for spelling errors.

### Accounting Students Only

In addition, *olim* students/tourists, who have been in Israel for up to 10 years from the date of Aliyah/arrival in the country, are eligible for a 30-minute time extension overall for each section of exams in accounting certificate studies. A letter confirming all relevant test accommodations is granted by the Department for Olim.

### Translation of Exams

*Olim* students/tourists, who have been in Israel up to seven years from the date of Aliyah/arrival in the country, are in their first year of their Bachelor's or Master's degree, and have not studied in Hebrew before, are eligible for translation of their exams into English for up to four exams per semester. Exercising this right is conditional upon approval by the instructor.

Translation requests are to be applied through the In-Bar system under "Administrative Requests".

Students taking an exam translated into English are not eligible for extended time on that exam. Request for exam translations must be submitted at least two weeks prior to the exam date.

### Tutoring

*Olim* students receiving academic financial assistance from the Student Authority (*Minhal HaStudentim*) in the Ministry of Aliyah and Absorption are eligible to receive 10 hours of semester lessons per semester at a subsidized rate. The request for a tutor should be submitted via a request form (obtained through the Department for Olim) at the beginning of each semester.

## Accessibility and Special Needs

Bar-Ilan University provides facilities that are easily accessible for all students with special needs. Resources are also available for the learning disabled, the visually impaired, the hearing impaired, and students living with other physical disabilities.

### Sybil Wigdor Student Support and Accessibility Unit

Students living with disabilities are invited to contact the Sybil Wigdor Student Support and Accessibility Unit for academic and technical support, including mentoring/tutoring, reading materials aloud, photocopying and/or recording lectures, library orientation, test rewrites, special considerations during exams, and more.

This unit offers study rooms with specialized equipment for differently-abled students, including special computers and recording tapes, as well as other means of academic assistance.

Location	Building 407
Tel	+972 3 531 8491
Email	negishut.student@biu.ac.il

### Additional Assistance

Students who seek additional assistance over and above what is provided by the university departments are welcome to contact the Dean of Students Office and request special consideration.

Any student with a medical disability is entitled to assistance, which includes reading aloud, photocopies, academic tutoring, counseling, technical support during exams, and more.

Get in touch with us to find out more about the services offered.

Location	Building 509
Tel	+972 3 531 8275
Email	dean.students@biu.ac.il

### On-Campus Accessibility Issues

Report issues regarding on-campus accessibility.

The Maintenance Department Tel: +972 3 531 8000

Report parking hazards or illegal parking in spaces for the differently-abled.

The Security Division (24/7) Tel +972 3 531 7171

### The Disability Rights Clinic

The Disability Rights Legal Clinic, established in 2003 by Bar-Ilan University's Faculty of Law, provides legal services and disability rights information, and promotes legal activism to ensure the rights of persons with disabilities in Israel.

The most common problems that arise concern accessibility, social security, guardianship, housing, employment, insurance, special education, medical treatment, and government benefits.

Location	Building 305
Tel	+972 3 531 8373
Email	disability.rights@biu.ac.il

## Forum for Students with Disabilities

Bar-Ilan University holds meetings for students with disabilities, which aims to transform the social perspective and create awareness of the issue of disabilities and differently-abled students at the university.

Get in touch to learn more and/or join the forum.

Tel +972 3 531 8373  
Email [disability.rights@biu.ac.il](mailto:disability.rights@biu.ac.il)

## Accessibility Committee

Bar-Ilan University's Accessibility Committee reviews, and provides solutions for, accessibility problems around the campus. The committee convenes periodically to discuss relevant matters. Any student can get in touch with any member of the Forum for Students with Disabilities to add issues to the meeting agenda.



## Religious Life on Campus

Bar-Ilan University caters to all people of all religions or spiritual traditions. There are facilities available on campus for everyone. If, however, you can't find a suitable facility, please talk to us at the International School and we will help you set something up.

### Jewish Students

The central synagogue operates at the Jesselson Institute for Advanced Torah Studies (Building 411). The women's synagogue is in the Midrasha (Building 405). Additional synagogues operate in buildings 304, 507, and 1300A.

Prayer services are conducted on campus three times a day at several locations. Schedules are posted all around the campus.

Many of Bar-Ilan's religious students, including many new *olim* (immigrants), undertake a rigorous Jewish studies curriculum alongside full undergraduate or graduate degree programs in all university faculties. These take place at the Beit Midrash (Kollel) for men and the Midrasha (for women).

 Beit Midrash



Midrasha



**The Campus Rabbi's Office**, headed by Rabbi Shlomo Shefer, regularly holds Torah lessons (*shiurim*) and organizes various cultural programs related to Shabbat, the Jewish holidays, and more on campus.

Lessons are held in Hebrew, English, French, and Russian.

Location Building 509  
Tel +972 3 531 8372  
Email [campusrabbi.office@biu.ac.il](mailto:campusrabbi.office@biu.ac.il)





## Muslim Students

There are two prayer rooms for Muslim students. One is situated near the Dean of Students Office complex in Building 502, Room 34, and the other is in building 1300B. Additional rooms will be added based on need. Please contact the Dean of Students Office, if you require more space.

## Christian Students

A prayer room for Christian students is located in building 1300B. You can also contact the Dean of Students Office to connect with other Christians on campus who would like to get together for regular services and other religious events.

## Other Religions/Faiths

A room will be made available for students of other religions/faiths. Please contact the Dean of Students Office to arrange this.

### Dean of Students Office

Location	Building 509
Tel	+972 3 531 8275
Email	<a href="mailto:dean.students@biu.ac.il">dean.students@biu.ac.il</a>

## Student Recreation Areas

The International School has a special lounge for international students to relax and connect with other students – even after the International School offices have closed.

Location Building 403, Floor -1

There is also a student recreation area called *Hakubia* (“The Cube”) for all Bar-Ilan students to relax and enjoy social interaction with their peers.

Location Building 510

Many other buildings have coffee stations with microwaves for students. Some have nursing rooms available for moms and tots.

Student Union Building 107, Floor 0 (Ground)

Life Sciences Building 212, Floor 0 (Ground)

Physics Building 203, Floor 5

Engineering Building 1102, Floor 2

## Gym and Sports Facilities

Sports facilities are available on campus and nearby. There is a basketball court, indoor football field, and other indoor sports options at The Sobell Sports Center in building 501. Many students play basketball, football, frisbee, or cricket here.

There are two outdoor gyms (one behind the Engineering building and one near the Day Care Center), a table tennis facility inside building 206, and an indoor gym in building 107.

The [nearest swimming pool](#) is in Kiryat Ono, which is a 10-minute walk from gate 1. Students get a discount on membership for the pool, if you show your student ID.

### Opening hours

Sunday to Thursday 6:00-22:00

Fridays 6:00-18:00

Saturdays 8:00-16:00



## Day Care Facilities

The Gradel and Weisfeld Day Care Center provides quality, affordable on-site child care for Bar-Ilan students with young children from three months to three years. NOTE: Most of the teachers and children speak Hebrew. This is a great way for your child/children to learn the language. If you need help talking to the teachers, please let us know.

Location Building 802

Tel +972 3 535 4456

Email [bar-ilan@memunah.org.il](mailto:bar-ilan@memunah.org.il)

### Opening hours

Sunday to Thursday 7:00-16:00

Fridays 7:00-13:00

## Nursing Rooms on Campus

Bar-Ilan University has various nursing rooms available for mothers who would like some privacy when feeding and changing their babies.

Chemistry Building 211, Floor 3, Room 320

Law Building 305, Floor 1, Room 126

Midrasha Building 405, Floor 1, Room 102

Music Building 1005, Floor 2, Room 213

Education Building 905, Floor 2, Room 218

(Key is in mailbox 101)

## Student Services Online

### Wi-Fi Service

Free Wi-Fi is available throughout the campus.

### In-Bar

In-Bar is an online, personal, student information portal available in Hebrew and English. Here, you will find the information you need to know, including course schedule by semester; exam list, dates and locations; exam details; grades for each course; tuition information; outstanding fees; and a whole lot more.

You can log in using your ID/passport number and a password of your choice. To enter for the first time, click on "Forgot password?". This will take you to a page in Hebrew. Scroll down to change it to English.

Create a new password by entering your full ID number (all nine digits) or passport number for international students. Choose the mobile number or email address registered with the university, and click "Continue".



Visit our "Essential Information" page, which is for students who have been accepted to the university. This explains everything regarding our online systems, tuition, transportation, and any other essential information you will need.



### Bar-Ilan App

Bar-Ilan University has an app for students that includes a GPS-based map to guide you around campus. It also provides links to the main Bar-Ilan website, social media pages, and more.

More importantly, you will find your online BIU student ID in this app. Printed student ID cards are no longer available.

The app is only available in Hebrew at the moment, but you are always welcome to ask us for help. You'll find it by searching for "Bar-Ilan" in Google Play and the App Store.

### Bar-e-Learn (Moodle)

Bar-e-Learn is Bar-Ilan University's online learning system on the Moodle platform. Moodle is the world's most popular learning management system.

Bar-e-Learn allows the university to provide online learning for students, create a personalized learning environment, and enable face-to-face sessions with faculty members via Zoom.

You can use the same username and password you used to gain access to your In-Bar profile.



Visit the [Bar-e-Learn/Moodle](#) information and login page. The page is in Hebrew, but the login is in English.



### Bar-Da'at, Bar-Ilan's Podcast

Bar-Da'at, Bar-Ilan University's podcast, features fascinating talks and lectures in English and Hebrew by our distinguished scholars and scientists, thus providing access to the university's intellectual capital for people around the world to listen and enjoy.

Bar-Da'at (בר-דעת) can be downloaded for free from Google Play and the App Store

## On-Campus Services

### Internal Campus Shuttle Bus

Bar-Ilan University's campus is vast. A shuttle bus transports faculty, staff, students, and visitors to where they need to go. You will find bus stops throughout campus.

#### Operating Hours

Sunday to Thursday	07:30-20:00
Friday and Holiday Eve	07:30-13:00.

## Computerized Information Stations

Computerized information stations across campus enable students to enter their digitized personal student files and get information as needed.

**Locations** Buildings 105, 107, 212, 304, 306, 401, 402, 404, 502, 505, 507, 604, 605, 1007, 1104

## Computer Stations for Personal Use

Computers with internet access (free) and printers (for a fee using credit/debit cards) are available for personal use.

**Location** Building 107  
**Opening hours** 07:00-20:00

Computers are also available in the computer labs.

**Locations** Buildings 212, 404, 410, 504, 505, 604, 605, 901, 1004, 1005

The university also has an internet café (food is dairy/parve/vegetarian).

**Location** Building 405  
**Opening hours**  
Sunday to Thursday 07:00-18:00  
Friday 07:00-13:00

Additional computer stations are available in every library on campus.

## Michlol General Supplies Store

Michlol sells office and university supplies, including stationery, books, notebooks, computers and accessories, housewares and textiles, electrical and electronic products, toys, games, gifts, and more.

**Location** Building 107  
**Tel** 072 265 0250  
**Opening hours**  
Sunday to Thursday 08:00-18:00  
Friday 08:30-13:00

## Bank Services

International students don't have to open a bank account while they're in Israel. However, if you would like to do so, there are many banking options from which to choose. Bank Mizrahi-Tefahot has a branch on campus, but there are other banks not far from campus.



Find out about all the different banks in Israel [here](#).



## Bank Mizrahi-Tefahot

The Bar-Ilan branch (414) of Bank Mizrahi-Tefahot offers efficient, warm, and professional assistance in opening accounts for foreign students.

University tuition and fees can be paid at the bank. General bank services (e.g. withdrawals, deposits, and more) are also available.

**Location** Building 411 (temporarily)  
**Tel** 076 804 0140 or \*8860 or \*5080  
**Opening hours**  
Sunday, Tuesday, Thursday 08:30-14:00  
Monday and Wednesday 08:30-13:30, 15:30-17:00  
Friday and Holiday Eve 08:30-12:00



Find out about opening a bank account on our website under [Bank Services](#) and the documents you need to fill in before you arrive.



## ATM (*Caspomat*)

There are two Bank Mizrahi-Tefahot ATM machines (*Caspomat* in Hebrew) conveniently located around campus.

**Locations** Buildings 107, 605

## Bar-Ilan Mini-Market

There are two minimarkets – one on the main campus and one in the Park 100 dormitory complex. They both sell hot, ready-made meals, sandwiches, salads, baked goods, hot drinks, toiletries, sanitary products, and more.

### Omesh

Location	Building 107
Tel	+972 3 635 2051
Opening hours	
Sunday to Wednesday	07:30-18:30

### Market Express (in Park 100, Electra Dorms)

Location	Building 1300B
Opening hours	
Sunday to Thursday	07:30-23:00

## Places to Eat and Drink on Campus

Cafés, restaurants, and food carts offering nutritious dairy or meat meals with vegetarian and vegan dishes (all kosher) can be found all over campus, some of which are in the Park 100 (dormitory complex). There are also many coffee stands and vending machines.



Find out about all the options and where they're situated [here](#).



## Shoemaker, Tailor, and Locksmith

Shoemaker, tailor, and locksmith. Fixes shoes, clothes, zippers, and bags, sells batteries, watch straps, shoe polish, shoelaces, and more.

Location	Building 107
Tel	+972 52 352 9776
Opening hours	
Sunday to Thursday	09:00-11:00

## Printing and Copying Services

Mafil Print (Advanced Service Center) is the main on-campus printing and copying service. You'll be able to print, copy, and bind documents. You will also be able to make use of their graphic design services.

Location	Building 405
Tel	+972 3 531 7487
Opening hours	
Sunday to Thursday	08:00-17:00
Location	Building 107
Opening hours	
Sunday to Thursday	09:00-17:00

In addition, every building on campus has photocopy machines that are operational for a small fee.

## Post Office (Doar Yisrael)

Location	Building 402, Floor -1
Opening hours	
Sunday to Thursday	08:30-13:00

## Lost and Found

The Lost and Found office is part of the University's Security Department. This is where you can report lost objects or collect found objects on campus.

Location	Building 501, Room 24
Tel	+972 3 531 7778
Opening hours	
Sunday to Thursday	08:30-12:30, 14:00-15:30

If you need the Lost and Found office outside regular hours, please contact the security company on campus.

Tel	+972 3 531 7171
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## The Park 100 Bar-Ilan Dormitory Complex

The Park 100 is a residential complex designed as an architectural creation based on the co-living concept of community through shared spaces. This complex offers students a collaborative and innovative living experience with everything needed within easy reach: restaurant, café, bar, shops, clinics, laundromat, and more.

The Park 100 overlooks a spectacular parkland, including walking trails, seating areas, amphitheater, and lots of green and open areas. It has shared spaces designed for students to gather together and connect with each other, and includes shared balconies, luxurious lobbies, classrooms, and a spectacular patio.



Find out more about the Park 100 complex and our dormitories [here](#).



## Off-Campus Services

### Facilities Opposite Gates 1 and 2

There are various facilities across the road from the university. These include a shop for photocopying, binding, and other common student-related needs; food outlets (sit-down and take-away); a mini-supermarket and other small shops; a bakery; and a hairdresser. Note: These can change without notice.

### Hagiva Mall

A larger shopping center with a variety of shops and restaurants is a 20-30-minute walk from campus.

Address 29-31 Yoni Netanyahu Street  
Gi'vat Shmuel

## Useful Apps and Online Services

Waze  
Navigation  
system for cars



Google Maps  
Navigation system for  
cars and pedestrians



Moovit Public  
Transport App



Israel Railways



Yango Taxi



Buses (Otobusim)



Uber Taxi and Ride-Sharing



Rav-Kav Card



WhatsApp Online Messaging



Rav-Pass by HopOn



Be-Atzmi Social/ Immigrant Organization



Pango Parking and Transport Payment App



Council for Higher Education



Cello Parking and Transport Payment App



Easy Local Search Engine (Find Points of Interest)



Gett Taxi



Ministry of Aliyah and Absorption



### The Ministry of Tourism / Tourist Information App



### Secret Tel Aviv (Information Portal)



### National Union of Israeli Students

Meetings and events held in Hebrew



## Payment Service Apps

These apps are only available to *olim* (immigrants) and other Israelis. You have to hold an Israeli credit card to use them.

### Bit (Bank Hapoalim)



### Paybox (Bank Discount)







Section 6

# Azrieli Faculty of Medicine Safed Campus

*"The will to win, the desire to succeed,  
the urge to reach your full potential...  
these are the keys that will unlock the  
door to personal excellence."*

**Confucius**  
Chinese Philosopher

## The Azrieli Faculty of Medicine

The Bar-Ilan University Azrieli Faculty of Medicine is located in the beautiful and historic city of Safed (Tsfat in Hebrew) in the Galilee in the northern part of Israel.

The campus was recently renovated and our modern laboratories are staffed by researchers who teach and mentor students for their pre-clinical studies as well as those pursuing advanced degrees.

The Faculty extends its reach to the affiliated academic medical centers throughout the Bar-Ilan Research Institutes at the hospitals in order to promote translational research.

### Azrieli Faculty of Medicine

8 Henrietta Szold Street, Safed

Website: [medicine.biu.ac.il/en](http://medicine.biu.ac.il/en)

### International School Representative

Safed Campus

Email: [dorith.raviv-shay@biu.ac.il](mailto:dorith.raviv-shay@biu.ac.il)

### Graduate Student Secretary

Tel: +972 72 264 4947

Email: [med.tm@biu.ac.il](mailto:med.tm@biu.ac.il)

### Bar-Ilan Safed Campus Security

Tel: +972 72 264 4910

## About Safed (Tsfat)

Safed is the highest city in the Galilee. Summer here is nice and warm and winters are cold and occasionally snowy. The ancient city dates back to the fortified town in the Upper Galilee mentioned in the writings of the Roman-Jewish historian, Josephus, and to the Crusader period in the 12th century.

Safed is home to a large community of Jews who practice Kabbalah, a mystical form of Judaism. The Artists' Quarter is still a hub of activity and is situated just south of the Old Jewish Quarter in the Old City.



Find out more about Safed and things to do in the city [here](#).



## Getting to Safed from Ben Gurion Airport

It is best to plan your arrival for a weekday (Sunday-Thursday) as there is no public transportation to Safed over the weekend (Friday-Saturday). Please notify your PI/lab manager to let them know when you will be arrive so they know when to expect you.

The least expensive option would be to take a train from the airport to Karmiel (trains leave every 30-60 min and the trip takes about 2.5 hours – view the schedule here: [rail.co.il/en](http://rail.co.il/en)).

From Karmiel, take the Nateev-Express bus (numbers 364, 363 or 361) to the Safed central bus station (white-orange buses). This journey takes about 45-60 minutes. From the bus station, it is a 10-15 minute walk to the faculty, or you can take bus numbers 6, 7 or 13 (also Nateev-Express bus company – [nateevexpress.com](http://nateevexpress.com)).

Please Note: The last train from Ben Gurion Airport to Karmiel is at 21:35. You will need to arrive a few hours before the last train to make sure you have enough time to do everything you need to do before this. See Section 3 above. If your flight arrives too late to catch the last train, we suggest you stay overnight in Tel Aviv so you don't have to worry about arriving too late in Safed.

See the information under "Transport Apps and Rav-Kav Transport Card" on page 17 to find out about the transport card, paying for transport (electronically only), and the apps that will help you with payments as well as the train and bus schedules. QR codes to access the apps are on page 43.

## Accommodation

There are no dorms at the Faculty of Medicine. Most of our international students rent a flat (either single or shared with flat mates) in the area nearby the faculty.

The most common website for finding a place for rent is Yad2, a website that advertises products for sale as well as housing ([yad2.co.il/realestate/rent](http://yad2.co.il/realestate/rent)). The website is currently only in Hebrew. Your lab mates, lab manager, and Israeli friends should be able to assist you.



Find out more about rent, housing support, additional charges (electricity, water, gas, Wi-Fi, house tax), and rental contracts on our [information page](#).



## Bank Services

In order to receive your stipend, you will have to present an Israeli bank account to the academic secretary. To open one, you will have to present copies of your passport, the acceptance letter from the university, a copy of the A2 Student VISA, and copy of your university ID card.

There is no obligation to work with a specific bank, although most of our students open a bank account at Bank Hapoalim.

Please note: You will need to book an appointment to go into the bank. It is no longer possible to simply walk in.

Location 39 HaGdud HaShlishi, Safed

Tel \*2407

### Opening hours

Sunday, Tuesday, Thursday 08:30-13:30

Monday and Wednesday 08:30-13:00  
16:00-18:30

Friday and Holiday Eve Closed

# Section 7 Cross-Cultural Crash Course

*"Develop a passion for learning.  
If you do, you will never  
cease to grow."*

**Anthony J. D'Angelo**

Author

## A Quick Summary

Israel is home to many cultures and religions. The country welcomes people from all over the world no matter their affiliation. This section provides a summary of Israeli culture, the local holidays and traditions, and some behavioral norms in the country to make your stay easier and more comfortable.

## Israeli Society Cultural Norms

Some sectors of the population have high expectations of gender separation and modest dress, most notably ultra-religious sects in Bnei Brak, Jerusalem, and Safed (Tsfat). If you are walking through any of the ultra-Orthodox areas in these cities, please make sure you adhere to the dress code so you don't offend any of the residents.

Observant Jews do not eat milk and meat together. As such, kosher restaurants will be either "meat" or "dairy" (or vegetarian and vegan, which are neutral, called "Parve"). If, after a meat meal at a kosher restaurant, you need milk with your coffee, you can ask for soy or almond milk.

Pedestrians are expected to stop and wait at red lights before they cross the street. Not everyone keeps to this. Please be careful as drivers (motorcars, scooters, bicycles, and motorbikes) don't always see you when you cross.

Neighborhoods with schools have volunteer crossing guards. These guards may be young students. Please cross only when they say so.

Some neighborhood parks request quiet between the hours of 14:00-16:00. Some stores are also closed during those hours.

In the past, it was common to sit up front with cab drivers, but this has changed for the most part since COVID-19 regulations. Some drivers love to talk, although not all of them speak English. Uber in Israel is different from other countries as it uses taxi drivers. Other taxi services include Gett Taxi and Yango.

It is customary to tip waiters in restaurants between 10% and 20%. Cab drivers are generally not tipped, but the choice is yours.

Most houses and apartments are heated with solar water boilers. On cloudy and cold days, the electric boiler will need to be turned on.

**Ritual Hand-Washing Cups:** You may see large cups with two handles near sinks in public places, offices, and restaurants. These are cups for ritual hand washing and not for drinking.



## Shabbat and Religious Jewish Holidays

Sunday to Thursday is the typical work week for businesses in Israel. However, retailers, malls, doctors, and other health-care facilities are open on a Friday morning, and schools and universities still have classes.

Saturday (**Sabbath/Shabbat**) is the national weekly day of rest. Many stores and cultural sites are closed, so it's best to check ahead of time before making plans. Certain Jewish holidays are also treated like **Shabbat**. They fall in September/October (**Rosh Hashanah, Yom Kippur, Sukkot, Simchat Torah**), April (**Pesach**), and May (**Shavuot**).

The Jewish calendar year starts with **Rosh Hashanah** (Jewish New Year), which is in September or October depending on the Hebrew (Lunar) calendar. This is the only holiday in Israel that is celebrated over two days. The rest are all only one day.

**Yom Kippur**, also known as the Day of Atonement, is the holiest day in the Jewish calendar. Jews traditionally observe this holy day with a 25-hour fast and all-day prayer. There are no radio or television broadcasts, airports are shut down, there is no public transportation, and all shops and businesses close early on the eve of Yom Kippur.

It is considered impolite to eat in public on **Yom Kippur**, to play music, or to drive any vehicles (except for emergency service vehicles). Bicycles are allowed. There are no legal prohibitions, but we do strongly suggest that you respect your neighbors on this important day.

**Sukkot** is known as the Feast of Tabernacles or Booths. It commemorates the years that the Jews spent in the desert on their way to the Promised Land and celebrates the way in which they were protected under difficult desert conditions. Meals are eaten in a *sukkah* or temporary dwelling for a week, and some people even sleep in these *sukkot* (booths).

**Simchat Torah** is the day when Jews rejoice in their relationship with the Torah. It also marks the completion of the Torah-reading cycle and the beginning of the next one.

**Pesach** (Passover) celebrates the Exodus from Ancient Egypt, the journey from slavery to freedom. It is observed by avoiding

leaven (a substance, usually yeast, that causes dough to rise) and is highlighted by the Pesach Seder (Passover meal), which includes drinking four cups of wine and eating *matzah* (unleavened bread). A retelling of the story of the Exodus is part of the *Seder*.

**Shavuot** (Feast of Weeks) celebrates the harvest and the time when the Jews received the Torah at Mount Sinai. Traditionally, dairy products (savory and sweet, especially cheesecake) are eaten during Shavuot.

*Chol HaMoed* are the intermediate (in-between) days of **Sukkot** and **Pesach**. In other words, they start and end with a religious holiday. While these are regular workdays, schools and universities are closed during this time.

**Shabbat** begins at sundown on Friday and religious Jewish holidays start at sundown on the evening before the holiday. The country slows down around midday (most stores close around 15:00) the day before. Make sure you plan for the weekend and holidays and do your shopping and other activities beforehand.

### Buses and Trains on Shabbat and Religious Holidays

Most buses and trains in the Tel Aviv metropolitan area (which includes Ramat Gan) do not run on Shabbat. Services end on Friday mid-afternoon and resume on Saturday night (times depend on time of year – summer or winter – and when Shabbat starts and ends). *Monit Sherut* (shared mini-bus taxis) continue to run in Tel Aviv and between cities.

There is a free (for now) Weekend Transportation public bus service that runs across Tel Aviv and surrounding areas on Friday nights between 18:00 and 02:00 and Saturdays between 09:00 and 17:00. They are not accessible from Bar-Ilan University (Ramat Gan).



Find out about routes and other information on Weekend Transportation [here](#).



There are no buses or trains on religious Jewish holidays.

## Other Jewish and Israeli Holidays

**Purim**, which takes place in February/March, commemorates the day Esther, Queen of Persia, saved the Jewish people from execution. It is always celebrated with fancy dress parties and street carnivals.



**Chanukah** is a week-long holiday commemorating the rededication of the Second Temple in Jerusalem at the time of the Maccabean Revolt. It is also known as the Festival of Lights and falls in November/December.

**Yom Hashoah** (Holocaust Memorial Day), **Yom Hazikaron** (Memorial Day for Israel's Fallen Soldiers), and **Yom Ha'atzmaut** (Israel Independence Day) are in April/May, while the **Memorial Day for Prime Minister Yitzhak Rabin** is in October/November.

These are not religious holidays, but they are very important days in the Israeli calendar. Many shops are still open and public transport still runs, albeit it less frequently and limited in certain areas.

A siren is sounded throughout the country on Israel's memorial days, so don't be frightened. This usually takes place at 20:00 on the eve of the memorial day and 10:00/11:00 on the morning of the holiday. People stop everything and stand still while the siren is sounded. Be careful if you are near the road as cars will pull over.

On the eve of each of the memorial days, classes end at 18:00. During memorial services on campus, there are no classes and all BIU libraries are closed.

## Local Safety Tips

Bomb shelters/safe spaces can be found in most buildings and in public areas, including parks and residential streets, on and off campus. If you are not near a shelter, the safest place is in the stairway of a building away from glass doors and windows. If you are in a car, pull over and lie flat on the sidewalk with your arms over your head.

When driving, there is no "right on red" in Israel.

Tap water is considered safe to drink, but many people prefer to use jugs with water filters.

Personal bags are often checked by security personnel upon entering public buildings (e.g. malls, government offices, hospitals). Please do not refuse to have your bags checked. This is for everyone's safety.



## Hebrew Words You Should Know

שלום	Shalom
סבבה	Sababa
בסדר	Beseder
כן	Ken
לא	Lo
בבקשה	Bevakasha
תודה	Todah
תודה רבה	Todah rabah
מה נשמע	Ma nishma
מה קורה	Ma koreh
איך הולך	Ech holech
בתאבון	Bete'avon
שרותים	Sherutim
לחיים	L'chaim
סליחה	Slichah
טוב	Tov
בוקר טוב	Boker tov
צהריים טוב	Tsohoraim tov
ערב טוב	Erev tov
לילה טוב	Laila tov
מזל טוב	Mazal tov
להתראות	Lehitra'ot
נכון	Nachon
באסה	Bassa
שבת / שבוס	Shabbat / Shabbos
שבת שלום	Shabbat Shalom
שקל / אגורות	Shekel / Agorot
קיבוץ	Kibbutz
שרות	Sherut
עלייה	Aliyah (Making Aliyah)
מים	Mayim
אתה/את מדבר/ת אנגלית	Atah/At medaber/et Anglit?
אני לא מבין/מבינה	Ani lo mevin/a
יאללה	Yalla

Hello / Goodbye / Peace
Cool / Great / Alright
Okay
Yes
No
Please
Thanks
Thanks very much
How are you? / What's up?
What's happening?
How's it going?
Good appetite (Like the French – <i>Bon Appetit</i> )
Literally “services”, used for restrooms
To life (a cheer, when people toast each other)
Excuse me / Sorry
Good
Good morning
Good afternoon
Good evening
Good night
Good luck / Good fortune / Congratulations
See you soon / Goodbye
Right / Correct
Bummer / Damn
Jewish day of rest, sunset Friday to sunset Saturday
Jewish greeting on Shabbat
Israel's currency
Collective community
Shared mini-bus taxis (literally “service”)
Literally “Going Up” (Immigrating to Israel)
Water
Do you speak English? (male/female)
I don't understand (male/female)
Go, go, go (quickly)

BeYou@BIU!

BeYou@BIU!



## Section 8

# Safety and Security

*"Knowledge is power. Information is liberating. Education is the premise of progress in every society, in every family."*

**Kofi Annan**

Former Secretary-General of the United Nations



## General Safety On and Off Campus

Your safety and security are extremely important to us. We don't want you to feel uncomfortable or unsafe in any situation. However, please remain aware and alert, and read the following information to ensure you and your friends are safe at all times.

### Safety in Residences or Campus Buildings

University campuses can give you a sense of security – a feeling that everyone knows each other and watches out for one another. Unfortunately, some will take advantage of this feeling of safety and security to commit acts of sexual violence.

You can take an active role in increasing your safety or the safety of those you care about. While there's no way to eliminate the chance that something may happen, there are strategies that may reduce your risk or give you the confidence to step in to prevent a sexual assault or sexual harassment.

Although there are many sources online that will provide this information, we'd like to suggest you read the information on this website ([www.rainn.org/safety-prevention](http://www.rainn.org/safety-prevention)) to find out how to protect yourself and your friends.

Please remember, if you are sexually assaulted or harassed, it is not your fault, and help and support are available.

Please Note: Israel is a safe place to live and attacks of this nature are unusual. However, it is better to be aware of your surroundings, be careful, and stay safe.

You can report a crime to the Bar-Ilan Campus Security 24/7 at +972 3 531 7171 or the police on the emergency number – 100.

If you need to speak with someone who is trained to help you after an attack or for any other reason, there are on-campus and off-campus options.

### On-Campus Counseling Services

Bar-Ilan University offers psychological counseling services to students who find themselves experiencing difficulties. The Student Counseling Center is located in the Joel and Maria Finkle Building. Many of the staff members at the Center speak fluent English. Confidentiality is guaranteed.



If you'd like to contact the Center directly in English, please email the Center's administrator, Ms. Ban Peress ([ban.peress@mail.biu.ac.il](mailto:ban.peress@mail.biu.ac.il)). She will help you make an appointment with an English-speaking member of the counseling team.

Location	Building 407
Tel	+972 3 531 8450

### Off-Campus Counseling Services

Israel's Association of Rape Crisis Centers has an emergency hotline for all victims of sexual assault no matter their gender or religion.

Website	<a href="https://www.1202.org.il/en/">https://www.1202.org.il/en/</a>
Email	<a href="mailto:office@igud1202.org.il">office@igud1202.org.il</a>

### Emergency Hotlines

- |                    |                  |
|--------------------|------------------|
| • Women            | 1202             |
| • Men              | 1203             |
| • Arab Women       | +972 4 656 6813  |
| • Religious Women  | +972 2 673 0002  |
| • Religious Men    | +972 2 532 8000  |
| • Office Telephone | +972 73 701 3215 |

## Emergency Contacts

- Ramat Gan Campus Security (24/7): +972 3 531 7171
- Safed Campus Security (24/7) : +972 72 264 4910
- Police: 100
- Ambulance: 101  
(For non-emergency medical issues, contact your insurance provider)
- Fire: 102
- Home Front Command: 104  
(For emergency preparedness and instructions)
- ERAN: Emotional First Aid by Telephone and Internet  
National Hotline: 1201 (Dial 10 for English)  
Website: [en.eran.org.il](http://en.eran.org.il)
- Association of Rape Crisis Centers, emergency hotlines
  - ⦿ Women 1202
  - ⦿ Men 1203
  - ⦿ Arab Women +972 4 656 6813
  - ⦿ Religious Women +972 2 673 0002
  - ⦿ Religious Men +972 2 532 8000
  - ⦿ Office Telephone +972 73 701 3215

### Disclaimer

**Please Note:** The information in this guide is subject to change. If the information you need is not correct or can't be found, please contact the Bar-Ilan International School's Student Services Center at +972 3 738 4245, or the Faculty of Medicine's Graduate Students' Secretary, if you are in Safed (Tsfat), at +972 72 264 4947.



*"Everyone has inside of him a piece of good news. The good news is that you don't know how great you can be! How much you can love! What you can accomplish! And what your potential is!"*

**Anne Frank**

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